

2023 ANNUAL IMPACT REPORT

2,954
YOUTH
SERVED

Our mission is to provide a safe, caring, and fun environment for youth to learn, grow, and prepare for a great future.

Academic Success

200,095

Activities & Experiences



BOYS & GIRLS CLUBS
OF THE RED RIVER VALLEY

Healthy Lifestyles
137,249
Activities & Experiences

121,445
Activities & Experiences

GREAT FUTURES START HERE.





13 Locations

100,846
Healthy Snacks Served

21,642
Healthy Meals Served



701.235.2147 www.BGCRRV.org



When school is out, Clubs are in!

At the Boys & Girls Clubs of the Red River Valley, we offer innovative out-of-school time programs designed to help youth excel in school, develop strong leadership skills, and lead healthy, productive lives.

High-quality arts programming allows our Club members be artists as they engage in activities that nurture communication, creative expression, critical thinking, and problem-solving. Studies show participation in the arts improves learning across all academic fields.



he Arts

Education

Health

.eadership

Lyricism 101 is a teen program about hiphop, cyphering, leadership, and freestyling. Lyricism 101 was developed in collaboration with some of the nation's leading thought leaders in this area, and using culturally relevant approaches to engage youth.

EEN

The CLUB Teen Center programs are designed specifically for grades

6 - 12 and provide meaningful experiences today, so teens are ready

to chase their dreams tomorrow. The CLUB empowers teens to find their voice and achieve success through out-of-school experiences

rooted in what matters most to them - choice, access, and passion.

CENTER



Summer Brain Gain offers more than six weeks of developmentally appropriate project-based learning designed to prevent summer learning loss.

Power Hour: Making Minutes Count helps Club members achieve academic success by providing homework help, tutoring, and high-yield learning activities and encouraging youth to become self-directed learners.





Career Launch helps teens develop a Career Portfolio, gathering and recording the information related to planning and preparing for a career - such as short- and medium-term goals that can move them toward the career of their choice.

Money Matters was designed using the latest research on financial education, behavioral economics, and youth development. With this curriculum, teens develop financial literacy skills that can lead them to workplace readiness, lifelong financial stability, and overall success.





SMART Moves is a suite of health promotion programs focused on building the key attitudes and skills necessary for youth to make decisions about their health. The program provides content aligned with the most important social-emotional skills necessary for healthy decision-making. This is reflected in the name of the program: SMART is an acronym for Skills Mastery and Resilience Training.



Healthy Habits as part of the Triple Play suite of programs, Healthy Habits teaches youth about healthy eating. In 14 progressive sessions for each age group, youth develop skills, confidence, and motivation to make nutrition choices that support an overall healthy lifestyle.



The Big Help is a community outreach program that engages youth through leadership, character development, and service help. When youth learn the value of giving back through service, they develop pride in their community. Exposure to meaningful service-learning opportunities prepares youth to be leaders who create positive change within themselves and for their communities.



Youth of the Year is the highest honor a Boys & Girls Club member can receive. The teen selected to be the National Youth of the Year represents Boys & Girls Clubs of America and the voices of millions of Club youth. For more than 75 years, the Youth of the Year program has recognized young people for their outstanding leadership, service, academic excellence, and dedication to health and wellbeing



Triple Play designed as a game plan for the Mind, Body and Soul, Triple play is BGCA's proven health and wellness program. Since launching in 2005, this program has made more than 14 million connections with youth, promoting the importance of physical activity and proper nutrition through the program's three components: mind, body and soul.



Sports

ALL STARS aims to increase opportunities for physical activity, social interaction, and recognition through high-quality structured sports programming. Playing sports is about igniting a passion, sportsmanship, teamwork, building self-esteem, and learning skills that help youth compete both on the field and in life.

